

PAUL YOUNGBIN KIM, Ph.D.

Professor of Psychology

School of Psychology, Family, and Community | Department of Psychology | Seattle Pacific University
 3307 3rd Ave W., Ste. 107, Seattle WA 98119 | paulkim@spu.edu | [website](#) | 206-281-2987

ACADEMIC APPOINTMENTS

Professor of Psychology School of Psychology, Family, and Community Seattle Pacific University Seattle, Washington	2020-present
Instructor International Summer Semester Sung Kyun Kwan university (성균관대학교) Seoul, Korea	Summer, 2022
Associate Professor of Psychology School of Psychology, Family, and Community Seattle Pacific University Seattle, Washington	2015-2020
Visiting Scholar Department of Psychology Sogang University (서강대학교) Seoul, South Korea	Fall, 2016
Assistant Professor of Psychology School of Psychology, Family, and Community Seattle Pacific University Seattle, Washington	2010-2015

EDUCATION

Ph.D. in Counseling Psychology (APA-accredited) University of Notre Dame, Notre Dame, IN	2010
M.A. in Counseling Psychology University of Notre Dame, Notre Dame, IN	2007
B.A. in Psychology (with honors) Calvin College, Grand Rapids, MI	2004

PROFESSIONAL EXPERIENCES & LEADERSHIP POSITIONS

- | | |
|--|-------|
| • Writer
Psychologytoday.com | 2022- |
| • Contributor | 2021- |

- Christ Animated Learning, *Christian Scholar's Review*
- **Editorial board, Asian American Journal of Psychology** 2021-
 - **Editorial board, Cultural Diversity & Ethnic Minority Psychology** 2018-
 - **Editorial board, The Counseling Psychologist** 2017-
 - **Faculty Scholar, Living Well Initiative** 2017-
Serving as faculty scholar for an initiative on destigmatizing mental illness
 - **Diversity Advisor** 2016-2021
School of Psychology, Family, and Community
 - **Faculty Advisor** 2014-2016
SPU's Psi Chi Chapter
 - **Committee Chair** 2013-2014
Diversity Committee, Seattle Pacific University

HONORS & AWARDS

-
- **Promising Practices in Remote Online Instruction During the COVID-19 Pandemic,** 2020
Seattle Pacific University
 - **Scholar of the Year,** Seattle Pacific University 2019
 - **Excellence in Teaching Award,** Seattle Pacific University 2016
 - **Teacher of the Year,** School of Psychology, Family, & Community 2016
 - **Teacher of the Year,** School of Psychology, Family, & Community (and nominee for the university-wide Teacher of the Year Award) 2015
 - **Research Award,** Asian American Psychological Association Division of Students 2009
 - **Fellow,** APA Minority Fellowship Program/Psychology Summer Institute 2009
 - **First Prize Winner,** Manuel Teruel Multicultural Competence Essay Contest 2009
 - **Student Research Award,** Great Lakes Conference 2006

PEER-REVIEWED PUBLICATIONS

(* indicates undergraduate student co-authors)

Kim, P. Y., & Tausen, B. M. (2022). White college students' ethnocultural empathy toward Asians and Asian Americans during the COVID-19 pandemic. *Asian American Journal of Psychology, 13*(3), 305–313. <https://doi.org/10.1037/aap0000246>

Kim, P. Y., Jin, J., & *Bau, K. E. (2022). A mediator or moderator? Self-compassion's role in the association between emotional self-control and help-seeking attitudes among Asian American college students. *Asian American Journal of Psychology, 13*(2), 185–193. <https://doi.org/10.1037/aap0000248>

Hyun, J. H., **Kim, P. Y.,** Cheon, H.S., & Leong, D. P. (2022). Asian American faculty's racialized experiences in Christian higher education. *Mental Health, Religion, & Culture, 25*(2), 207-225. <https://doi.org/10.1080/13674676.2022.2037535>

Kim, M.S., Yon, K. J., & **Kim, P. Y.** (2022). The mediating effect of work volition and career adaptability in the relationship between career barriers and decent work among youth with migrant backgrounds: A multi-group analysis of native-born and foreign-born youth groups. *Journal of Human Understanding and Counseling [인간이해]*, 43(1), 45-66. <https://doi.org/10.30593/JHUC.43.1.3>

- Yon, K. J., Jo, H. J., & **Kim, P. Y.** (2021). East Asian cultural values and life satisfaction among Korean college students: The moderating effects of gender. *Asian American Journal of Psychology*. Advance online publication. <https://doi.org/10.1037/aap0000232>
- Kim, P. Y. (2021). Internalized model minority myth, God representations, and mental health among Christian Asian Americans. *Psychology of Religion & Spirituality*. Advance online publication. <https://doi.org/10.1037/rel0000435>
- Kim, P.Y. (2021). Strategies for teaching White students about racism during a study abroad course. *Psychology Teaching Review*, 27(2), 36-40.
- Lee, S., Park, S. J., Yon, K. J., Choi, B. K., **Kim, P. Y.**, & Kim, C. M. (2021). Etiology beliefs, religious coping, church climates, and beliefs about psychological services. *The Counseling Psychologist*, 49(6), 818-846. <https://doi.org/10.1177/00110000211014254>
- Kim, P. Y.**, Kendall, D. L., & *Bau, K. E. (2021). Racial microaggressions on Christian campuses: Instrument development and exploratory factor analysis. *Christian Higher Education*, 20(5), 325-340. <https://doi.org/10.1080/15363759.2020.1871120>
- *Moh, S., **Kim, P. Y.**, *Geil, D., & *Ryu, S. H. (2021). "I have been a sojourner in a foreign land": A qualitative inquiry on the psychological experiences of international students enrolled in a Christian university. *Journal of Psychology & Theology*, 49(4), 342-359. <https://doi.org/10.1177/0091647120983308>
- *Law, J. P., *Geil, D., *Bau, K. E., *Grigg, M. R., & **Kim, P. Y.** (2021). Biracial Asian Americans' mental health on a Christian college campus: A preliminary report on the role of racial-ethnic identities and racial invalidation. *Journal of Psychology & Christianity*, 40(3), 173-184.
- Kim, P. Y. (2020). Teaching Korean cultural constructs to American students: Examples from a South Korea study abroad course. *Psychology Teaching Review*, 26(2), 5-11.
- Tausen, B. M., Jin, J., **Kim, P. Y.**, Law, K. C., & Kendall, D. L. (2020). Academic community support, campus racial climate, and subjective well-being during the coronavirus outbreak among Asian American college students. *Journal of Asian American Studies*, 23(3), 367-385. <https://doi.org/10.1353/jaas.2020.0030>
- *Law, J. P., **Kim, P. Y.**, *Lee, J. H., & *Bau, K. E. (2019). Acceptability of racial microaggressions among Asian American college students: Internalized model minority myth, individualism, and social conscience as correlates. *Mental Health, Religion, & Culture*, 22(9), 943-955. <https://doi.org/10.1080/13674676.2019.1699040>
- Kim, P. Y.**, & Yon, K. J. (2019). Stigma, loss of face and help-seeking attitudes among South Korean college students. *The Counseling Psychologist*, 47(3), 331-357. <https://doi.org/10.1177/0011000019872790>
- Kim, P. Y.**, Kendall, D. L., & Cheon, H. (2017). Racial microaggressions, cultural mistrust, and mental health outcomes among Asian American college students. *American Journal of Orthopsychiatry*, 87(6), 663-670. <https://doi.org/10.1037/ort0000203>

- Kim, P. Y. (2017). Revisiting and extending the role of religious coping in the racism-mental health relation among Christian Asian American students. *Journal of Psychology & Theology*, 45(3), 166-181. <https://doi.org/10.1177/009164711704500302>
- Kim, P. Y. (2017). Religious support mediates the racial microaggressions-mental health relation among Christian ethnic minority students. *Psychology of Religion & Spirituality*, 9(2), 148-157. <https://doi.org/10.1037/rel0000076>
- Kim, P. Y.**, Cheon, H., Hyun, J. H., Chang, E. S., & Yoo, H. D. (2016). Psychological experiences of Korean missionary “kids” (MKs): A qualitative inquiry. *Mental Health, Religion, & Culture*, 19(9), 1013-1027. <https://doi.org/10.1080/13674676.2017.1310830>
- *Lats, T. V., **Kim, P. Y.**, & Diekema, D. A. (2016). Acculturative family distancing, religious support, and psychological well-being among young adult Eastern European immigrants in Western Washington. *Psi Chi Journal of Psychological Research*, 21(4), 252–260. <https://doi.org/10.24839/b21.4.252>
- Cheon, H., Chang, E. S., **Kim, P. Y.**, & Hyun, J. H. (2016). Mental health disparities impacting Christian Korean Americans: A qualitative examination of pastors’ perspectives. *Mental Health, Religion, & Culture*, 19(6), 538-552. <https://doi.org/10.1080/13674676.2016.1213712>
- Kim, P. Y.**, Kendall, D. L., & Chang, E. S. (2016). Emotional self-control, interpersonal shame, and racism as predictors of help-seeking attitudes among Asian Americans: An application of the intrapersonal–interpersonal-sociocultural framework. *Asian American Journal of Psychology*, 7(1), 15-24. <https://doi.org/10.1037/aap0000032>
- Kim, P. Y.**, & Kendall, D. L. (2015). Etiology beliefs moderate the influence of emotional self-control on willingness to see a counselor through help-seeking attitudes among Asian American students. *Journal of Counseling Psychology*, 62(2), 148-158. <https://doi.org/10.1037/cou0000015>
- Kim, P. Y.**, Kendall, D. L., & Webb, M. (2015). Religious coping moderates the relation between racism and psychological well-being among Christian Asian American college students. *Journal of Counseling Psychology*, 62(1), 87-94. <https://doi.org/10.1037/cou0000055>
- Kim, P. Y.**, & Lee, D. H. (2014). Internalized model minority myth, Asian values, and help-seeking attitudes among Asian American students. *Cultural Diversity & Ethnic Minority Psychology*, 20(1), 98-106. <https://doi.org/10.1037/a0033351>
- Park, I. J. K., & **Kim, P. Y.** (2012). The role of self-construals in the link between anger regulation and externalizing problems in Korean American adolescents: Testing a moderated mediation model. *Journal of Clinical Psychology*, 68(12), 1339-1359. <https://doi.org/10.1002/jclp.21878>
- Park, I. J. K., **Kim, P. Y.**, Cheung, R. Y. M., & Kim, M. (2010). The role of culture, family processes, and anger regulation on Korean American adolescents’ adjustment problems. *American Journal of Orthopsychiatry*, 80(2), 258-266. <https://doi.org/10.1111/j.1939-0025.2010.01029.x>
- Kim, P. Y.**, & Park, I. J. K. (2009). Testing a multiple mediation model of Asian American college students’

willingness to see a counselor. *Cultural Diversity & Ethnic Minority Psychology*, 15(3), 295-302.
<https://doi.org/10.1037/a0014396>.

PEER-REVIEWED INTERNATIONAL/NATIONAL/REGIONAL CONFERENCE PRESENTATIONS

(* indicates student co-authors; ** indicates equal contribution by the authors)

Shea, M., **Kim, P. Y.**, & Jin, J. (2022, September). Promoting academic resilience among racially minoritized students through an inclusive ethics of care and belonging. Paper presented at the 2022 CCCU Best Practices in Christian Higher education Conference, Abilene, TX.

Jang, S., Ryu, J., Yon, K.J., **Kim, P. Y.**, & Kim, M.S. (2022, August). Effects of perceived marginalization on mental health of young adults with migration background: Mediating effects of career maturity moderated by intimacy with parents and immigration background. Poster presented at the American Psychological Association (APA) Convention, Minneapolis, MN. **[Second Place for Div. 52/International Psychology Student-First-Authored Poster Contest]**

Kim, P.Y., & Yon, K. J. (2022, April). Cultural correlates of self-stigma of seeking psychological help among South Korean college students. In E. Mateer (Chair), *What will they think of me? Self-stigma among Asians and Asian Americans*. Paper presented at the 2022 Western Psychological Association (WPA) Convention, Portland, OR.

Kim, P. Y. (2021, October). Ethnic and racial invalidations: Implications for mental health. In Choi, B.O. (Chair), *소외와 배제를 넘어선 다양성에 대한 이해와 사회정의 상담 : 이주 배경 구성원에 대한 이해* (Diversity beyond alienation and exclusion, and social justice counseling: Understanding the experiences of multicultural individuals). Paper presented at the 2021 Korean Counseling Psychological Association Conference (virtual).

Jin, J., Shea, M., & **Kim, P. Y.** (2021, May). Co-creating a caring community through an inclusive ethics of care. Panel presentation at the 2021 Reckoning and Reimagining Lilly Conference (virtual) hosted by Azusa Pacific University.

Kim, P.Y., & Tausen, B. M. (2021, April). Examining White students' empathy of Asians and Asian Americans during the COVID-19 pandemic. In **P. Y. Kim** (Chair), *#hateisavirus: Asian and Asian American college students' experiences of racism during the COVID-19 pandemic*. Paper presented at the 2021 Western Psychological Association (WPA) Virtual Convention.

Tangenberg, K., & **Kim, P. Y.** (2019, October). Diversity Committee strategies and goal alignment: examples from a School of Psychology. Session presented at the 2019 CCCU Diversity Conference, Newberg, OR.

Kim, P. Y., & Kendall, D. L. (2019, August). Developing a measure of racial microaggressions experienced on Christian campuses. Poster presented at the 2019 American Psychological Association Convention, Chicago, IL.

Yon, K. J., & **Kim, P. Y.** (2019, August). Stigma, loss of face, and help-seeking attitudes among South Korean college students. Poster presented at the 2019 American Psychological Association Convention, Chicago, IL. **[First Place for Div. 52/International Psychology Early Career Psychologist-First-Authored**

Poster Contest]

- **Kim, P. Y., & Lee, D. H.** (2019, April). Acculturation gap and psychological correlates: The experiences of pastors working in Korean American churches. Paper presented at the 2019 Western Psychological Association (WPA) Convention, Pasadena, CA.
- *Blesoch, J., *Moeng, M., *Law, J., *Ryu, S. H., & **Kim, P. Y.** (2019, April). Religiosity and ethnic identity among Pacific Islanders: A qualitative inquiry. Poster presented at the 2019 Western Psychological Association (WPA) Convention, Pasadena, CA.
- Nguyen, K. K., Weeks, C., Shea, M., & **Kim, P. Y.** (2019, April). Why don't they seek counseling? Identifying six barriers to mental health help-seeking among college students. Poster presented at the 2019 Western Psychological Association (WPA) Convention, Pasadena, CA.
- Nguyen, K. K., **Kim, P. Y.**, & Shea, M. (2019, April). Correlates of professional help-seeking attitudes: Comparison of Korean and Korean American college students. Poster presented at the 2019 Western Psychological Association (WPA) Convention, Pasadena, CA.
- Kim, P.Y.**, & Yon, K. J. (2018, April). Cultural and structural barriers to professional help-seeking among Korean college students. In M. Shea (Chair), Examining cultural and structural barriers to seeking psychological counseling: Three studies across six countries. Paper presented at the 2018 Western Psychological Association (WPA) Convention, Portland, OR.
- *Moh, S., & **Kim, P. Y.** (2018, April). International student in a faith-based institution: An intra/interpersonal spiritual framework. Poster presented at the 2018 Western Psychological Association (WPA) Convention, Portland, OR [**Honorable Mention for Division 52/International Psychology Student-First-Authored Poster Student Contest**].
- Kim, P. Y. (2017, October). Revisiting and extending the role of religious coping in the racism-mental health relation among Christian Asian American students. Poster presented at the 2017 Asian American Psychological Association (AAPA) Convention, Las Vegas, NV.
- Yon, K. J., & **Kim, P. Y.** (2017, April). Preliminary findings from the professional help-seeking attitudes of Korean and Korean American students study. Poster presented at the 2017 Western Psychological Association Convention (WPA), Sacramento, CA.
- Kim, P. Y.**, *Taylor, C., Kendall, D. L., & Cheon, H. (2016, April). Racial microaggressions, cultural mistrust, and well-being among Asian American college students. Poster presented at the 2016 Western Psychological Association (WPA) Convention, Long Beach, CA.
- Kim, P. Y.**, Kendall, D. L., & Chang, E. S. (2015, August). Subtle racism, interpersonal shame, and help-seeking attitudes among Asian American college students. Poster presented at the 2015 Asian American Psychological Association (AAPA) Convention, Toronto, Canada.
- Kim, P. Y. (2015, August). Religious support mediates the relation between racial microaggressions and psychological well-being. Poster presented at the 2015 American Psychological Association (APA)

Convention, Toronto, Canada.

- Kim, P. Y.,** Cheon, H., & Hyun, J. (2015, April). Psychosociocultural-spiritual experiences of Korean missionary "kids": A qualitative study. Poster presented at the 2015 Western Psychological Association (WPA) Convention, Las Vegas, NV.
- Chang, E. S., Cheon, H., Hyun, J., & **Kim, P. Y.** (2015, January). Korean American religious leaders' views on mental health issues impacting the Korean American community: A qualitative study. Poster presented at the 2015 National Multicultural Conference and Summit (NMCS), Atlanta, GA.
- Kim, P. Y.,** & Kendall, D. L. (2015, January). The moderating role of religious coping on the racism-mental health link among Asian American college students. Poster presented at the 2015 National Multicultural Conference and Summit (NMCS), Atlanta, GA.
- Kim, P. Y.,** Kendall, D. L., *Stutts, K., & *Teel, C. (2014, April). Testing a moderated mediation model of Asian American help-seeking attitudes. Poster presented at the 2014 Western Psychological Association (WPA) Convention, Portland, OR.
- Kim, P. Y.,** *Stutts, K., & *Teel, C. (2013, August). Emotional self-control, loss of face, etiology beliefs, and willingness to see a counselor among Asian American college students: A test of a multiple mediation model. Poster presented at the 2013 Asian American Psychological Association (AAPA) Convention, Honolulu, HI.
- Kim, P. Y.,** Lee, D. H., *Botz, K., & *Park, Y. J. (2013, January). The role of intrapersonal and interpersonal cultural values on help-seeking attitudes of Asian American college students. Poster presented at the 2013 National Multicultural Conference and Summit (NMCS), Houston, TX.
- Kim, P. Y.,** & Lee, D. H. (2012, June). The model minority myth and its impact on help-seeking attitudes among Asian Americans. Paper presented at the 2012 Asian Studies on the Pacific Coast (ASPAC) Conference, Spokane, WA.
- Kim, P. Y. (2011, August). The moderating role of social support among Asian international students: a test of the matching hypothesis. Poster presented at the 2011 Asian American Psychological Association (AAPA) Convention, Washington, D.C.
- Park, I. J. K., & **Kim, P. Y.** (2010, August). Testing mediation models of anger regulation among Korean American adolescents. Poster presented at the 2010 American Psychological Association (APA) Convention, San Diego, CA.
- Kim, P. Y. (2009, August). International students' acculturation: An etic-emic perspective. Poster presented at the 2009 Asian American Psychological Association (AAPA) Conference, Toronto, Canada.
- Kim, P. Y. (2009, January). International students' social support: An etic-emic perspective. Poster presented at the 2009 National Multicultural Conference and Summit (NMCS), New Orleans, LA.
- Kim, P. Y.,** & Park, I. J. K. (2008, August). Social norms and help-seeking attitudes among Asian American

college students. Paper presented at the American Psychological Association (APA) Convention, Boston, MA.

Park, I. J. K., & **Kim, P. Y.** (2008, August). Sociocultural predictors of stigma among Korean American students. In I.J.K. Park (Chair), *New Directions in Stigma Research for Asian American Communities*. Paper presented at the 116th Annual Convention of the American Psychological Association (APA), Boston, MA.

Kim, P. Y. (2008, March). Experiences of international Korean youths studying in America. Poster presented at the International Counseling Psychology Conference 2008. Chicago, IL.

Kim, P. Y., Kim, I. J., Bethea, K., & Wingo, J. (2006, August). Acculturation and attitudes towards mental illness among Korean American students. Poster presented at the American Psychological Association Convention (APA) 2006. New Orleans, LA.

Kim, P. Y., & Kim, I. J. (2006, April). Indigenous values and behaviors as predictors of attitudes toward mental illness among Korean American students. Poster presented at Great Lakes Conference 2006. West Lafayette, IN.

Kim, I. J., **Kim, P. Y.**, Bethea, K., & Cho, J. (2005, August). Sociocultural beliefs about mental illness among Korean/Korean American students. Poster presented at the 113th Annual Convention of the American Psychological Association (APA), Washington, DC.

Kim, I. J., **Kim, P. Y.**, Bethea, K., & Cho, J. (2005, January). Sociocultural influences on attitudes towards mental illness among Korean students. Poster presented at the 2005 National Multicultural Conference and Summit (NMCS), Hollywood, CA.

Kim, P. Y. (2004, April). A cross-cultural study of outcome attribution in counseling. Paper presented at the 2004 Michigan Undergraduate Psychology Research Conference, Kalamazoo, Michigan.

NON-REFEREED PUBLICATIONS

Kim, P. Y. (2022, December 25). "Visiting Korea? 4 Activities to engage with Korean culture." *Psychology Today*. <https://www.psychologytoday.com/us/blog/culture-religion-and-psychology/202212/visiting-korea-4-activities-to-engage-with-korean>

Kim, P. Y. (2022, December 3). "The science of Korean beauty products and whiteness." *Psychology Today*. <https://www.psychologytoday.com/us/blog/culture-religion-and-psychology/202212/the-science-korean-beauty-products-and-whiteness>

Kim, P. Y. (2022, November 1). "When the theoretical becomes personal: A Christian scholar's reflections on external locus of control and self-compassion." *Christian Scholar's Review: Christ Animating Learning Blog*. <https://christianscholars.com/when-the-theoretical-becomes-personal-a-christian-scholars-reflections-on-external-locus-of-control-and-self-compassion/>

Kim, P. Y. (2022, September 27). "Not Korean enough: Experiences of imposter syndrome while leading a

study abroad, and a prayer in response." *RECLAIM Magazine/Asian American Christian Collaborative*. <https://www.asianamericanchristiancollaborative.com/article/not-korean-enough-experiences-of-imposter-syndrome-while-leading-a-study-abroad-and-a-prayer-in-response>

Kim, P. Y. (2022, August 31). "Rethinking interpersonal boundaries with students: Lessons learned while leading a short-term study abroad program." *Christian Scholar's Review: Christ Animating Learning Blog*. <https://christianscholars.com/rethinking-interpersonal-boundaries-with-students-lessons-learned-while-leading-a-short-term-study-abroad-program/>

Kim, P. Y. (2022, May 6). "How Christian learning communities can effectively engage AAPI Heritage Month: A conversation with Michelle Reyes." *Christian Scholar's Review: Christ Animating Learning Blog*. <https://christianscholars.com/how-christian-learning-communities-can-effectively-engage-aapi-heritage-month-a-conversation-with-michelle-reyes/>

Kim, P. Y. (2022, March 29). "Beyond BTS and Squid Game: Leveraging Korean pop culture for deeper conversations." *RECLAIM Magazine/Asian American Christian Collaborative*. <https://www.asianamericanchristiancollaborative.com/article/beyond-bts-and-squid-game-korean-pop-culture>

Kim, P. Y. (2022, March 16). "These are my students: A reflection on three different student "profiles" in my DEI course." *Christian Scholar's Review: Christ Animating Learning Blog*. <https://christianscholars.com/these-are-my-students-a-reflection-on-three-different-student-profiles-in-my-dei-course/>

Kim, P. Y. (2022, February 21). "Nunchi as a countercultural posture: How the Korean construct helps me support students." *Christian Scholar's Review: Christ Animating Learning Blog*. <https://christianscholars.com/nunchi-as-a-countercultural-posture-how-the-korean-construct-helps-me-support-students/>

Kim, P. Y. (2021, November 8). "Resisting the allure of the collectivism-individualism dichotomy in the classroom: Han as an example." *Christian Scholar's Review: Christ Animating Learning Blog*. <https://christianscholars.com/resisting-the-allure-of-the-collectivism-individualism-dichotomy-in-the-classroom-han-as-an-example/>

Kim, P. Y. (2021, August 26). "Which country are you rooting for?": Conversations about race, culture, and faith with my daughters during the Tokyo Olympics. *RECLAIM Magazine/Asian American Christian Collaborative*. <https://www.asianamericanchristiancollaborative.com/article/which-country-are-you-rooting-for-race-culture-faith-tokyo-olympics>

Kim, P.Y. (2021, July 20). Grieving the possible loss: What I love about South Korea study abroad, and why it might not be same again. *Christian Scholar's Review: Christ Animating Learning Blog*. <https://christianscholars.com/grieving-the-possible-loss/>

Kim, P. Y. (2021, May 20). Stop AAPI Hate: An Interview with Russell M. Jeung. *Christian Scholar's Review: Christ Animating Learning Blog*. <https://christianscholars.com/stop-aapi-hate-an-interview-with-russell-m-jeung-part-1/>

- Kim, P. Y. (2021, May 11). We need more intentional racial socialization efforts in Korean American churches. *RECLAIM Magazine/Asian American Christian Collaborative*.
<https://www.asianamericanchristiancollaborative.com/article/intentional-racial-socialization-korean-american-churches>
- Kim, P. Y. (2021, April 23). How a pad-mounted transformer and stair spindle help me teach about racial microaggressions. *Christian Scholar's Review: Christ Animating Learning Blog*.
<https://christianscholars.com/guest-post-how-a-pad-mounted-transformer-and-stair-spindle-help-me-teach-about-racial-microaggressions/>
- Kim, P. Y. (2021, March 18). Anti-Asian racism during the pandemic: How faculty on Christian campuses can support Asian and Asian American students. *Christian Scholar's Review: Christ Animating Learning Blog*.
<https://christianscholars.com/guest-post-anti-asian-racism-during-the-pandemic-how-faculty-on-christian-campuses-can-support-asian-and-asian-american-students/>
- Kim, P. Y. (2021, March 10). Yes, Asians and Asian Americans experience racism. *The Seattle Times*.
<https://www.seattletimes.com/opinion/yes-asians-and-asian-americans-experience-racism/>
- Kim, P. Y. (2015, November). Are Asian Americans really healthier? *Interactions: E-Newsletter for the School of Psychology, Family, & Community*. <https://spu.edu/academics/school-of-psychology-family-community/about/newsletter-archive/fall-2015#top-stories>

GRANTS

- **National Research Foundation of Korea Grant (\$250,000)**
 Role: Co-Investigator
 PI: Min Sun Kim, Ph.D. (Dankook University)
 Program: Social Sciences Division
 Project: Entering adulthood and improving the quality of life of immigrant youths

2020
- **Spiritual and Educational Resources for Vocational Exploration Grant (\$3445)**
 Source: Faculty Life Office at Seattle Pacific University
 Project: Teaching Korean cultural constructs during a study abroad course

2020
- **Seed Grant (\$1500 awarded to SPFC Diversity Committee)**
 Source: Office of Diversity, Equity, and Inclusion
 Project: Funding to support SPFC's departmental readiness evaluation

2018
- **Academic Innovation Grant (\$2500)**
 Source: Institute for Academic Innovation/Center for Scholarship and Faculty Development/Seattle Pacific University
 Project: A study to better the academic experiences of students of color enrolled in the School of Psychology, Family, and Community.

2017
- **Faculty Research and Scholarship Grant (\$5200)**
 Source: Center for Scholarship and Faculty Development/Seattle Pacific University
 Project: A study on developing and validating a measure of racial microaggressions experienced on Christian campuses.

2017
- **Faculty Research and Scholarship Grant (\$3600)**
 Source: Center for Scholarship and Faculty Development/Seattle Pacific University

2016

Project: A cross-cultural, quantitative study on individual, interpersonal, and cultural correlates of help-seeking attitudes.

- **Faculty Research Grant (\$1950.00)** 2015
 Source: School of Psychology, Family, and Community/Seattle Pacific University
 Project: An empirical study on microaggressions, religiosity, and psychological outcomes.
- **Faculty Research Grant (\$5752.50)** 2014
 Source: Center for Scholarship and Faculty Development/Seattle Pacific University
 Project: A qualitative study on the psychological experiences of Korean missionary “kids.”
- **Faculty Research Grant (\$1345.00)** 2014
 Source: School of Psychology, Family, and Community/Seattle Pacific University
 Project: Two empirical studies on the role of forgiveness in the racism-mental health link
- **Faculty Research Grant (\$1345.00)** 2013
 Source: School of Psychology, Family, and Community/Seattle Pacific University
 Project: An empirical study on the role of religious coping in the racism-mental health link among Asian Americans.
- **Faculty Research Grant (\$1832.75)** 2012
 Source: School of Psychology, Family, and Community/Seattle Pacific University
 Project: An empirical study on facilitators and barriers of Asian American help-seeking.
- **Faculty Research Grant (\$800.00)** 2011
 Source: School of Psychology, Family, and Community/Seattle Pacific University
 Project: An empirical study on the model minority myth and its influence on help-seeking attitudes.
- **Graduate Student Professional Development Grant (\$438.85)** 2009
 Source: Institute for Scholarship in the Liberal Arts/University of Notre Dame
 Project: Professional grant to support a conference presentation.
- **Graduate Student Professional Development Grant (\$1693.14)** 2008
 Source: Institute for Scholarship in the Liberal Arts/University of Notre Dame
 Project: An empirical study on international student adjustment.
- **Student Travel Grant** 2006
 Source: Science Directorate/American Psychological Association
 Project: Student Travel Grant to support a conference presentation.
- **Gordon Conference Presentation Grant** 2005, 2006 & 2008
 Source: Graduate Student Union/University of Notre Dame
 Project: Conference Presentation Grant to support conference presentations.

TEACHING EXPERIENCE

(All are undergraduate classes unless otherwise indicated; *indicates courses also taught online; **indicates active learning classroom; numbers indicate approximate class size)

- **Specialty courses**

 - *Cross-Cultural Psychology** 2010-Present

- *Advanced Research Methods in Cross-Cultural Psychology** (15) 2015-Present
- *Topical Seminar in Asian American Psychology* (10) 2011-2012
- **Introductory courses**
 - *General Psychology*** (35-200) 2010-2016
 - *Introduction to Statistics in Behavioral & Social Sciences*** (25) 2010-2014
- **Clinical courses**
 - *Abnormal Psychology* (6-70) 2010-2016
 - *Counseling Theory & Practice** (30) 2013-Present
 - *Cultural Competence in Clinical Psychology* (doctoral course; 10) 2017
- **Other teaching experience**
 - Taught *Cross-Cultural Psychology* to Study Abroad students in South Korea 2018, 2019
 - Taught *General Psychology* to students at Sogang University in Seoul, Korea 2016
 - Taught *General Psychology* to international students at ACE Language Institute 2016
- **Teaching Assistantships** (all at University of Notre Dame)
 - *Multicultural Psychology* (x2) 2008-2009
 - *Statistics* (x2) 2007-2008
 - *Psychology of Personality* 2007
 - *Abnormal Psychology* 2006
 - *Introductory Psychology* 2004

INVITED PRESENTATIONS/WORKSHOPS

- Kim, P. Y. (2022, December). Cross-cultural psychology and Korean behavior. Podcast interview for *Korea Deconstructed*. https://youtu.be/jy9Fp_SVQX4
- Kim, P.Y. (2022, May). Managing the emotional aspects of writing. Invited virtual session for graduate students and faculty at Seattle Pacific University.
- Kim, P.Y. (2022, April). Invited discussant for symposium, "The on-and-off-again of facemask in the COVID-19 pandemic." Western Psychological Association Convention, Portland, Oregon.
- Kim, P.Y. (2021, August). Professional counseling as a career. Invited virtual session for MK Online Career Guide in Seoul, South Korea.
- Kim, P.Y. (2021, May). Anti-Asian racism: What is it, and what can we do? Led virtual workshop for Lifeway Community Church in Austin, Texas.
- Kim, P. Y. (2021, May). Asian cultural values, model minority stereotype, and racial microaggressions: Implications for mental health of Asians and Asian Americans. Led virtual workshop for Mental Health Initiative at University of British Columbia.
- Kim, P.Y. (2021, May). Racial microaggressions: What are they, and what can we do? Led virtual workshop for Student Finance Services at Seattle Pacific University.
- Kim, P.Y. (2021, May). Responding to anti-Asian racism: How Asian cultural values might help and hurt.

Invited virtual presentation for the Asian American Student Association at Seattle Pacific University.

Kim, P. Y. (2021, May). Asian cultural values, model minority stereotype, and racial microaggressions: Implications for effective practice with Asians and Asian Americans. Invited virtual presentation for the Counseling Center staff at Seattle Pacific University.

Kim, P. Y. (2021, March). Model minority stereotype and racial microaggressions: Implications for effective practice with Asian Americans. Invited virtual presentation for Professional Development Conference for K–12 Educators, Seattle, Washington.

Kim, P. Y. (2021, January). Social Justice and the Asian American Church. Invited virtual presentation for college ministry of New Life Fellowship, Bothell, Washington.

Kim, P. Y. (2020). Racial microaggressions impacting Asian Americans. Invited talk for Asian American Affinity Group at Seattle Pacific University.

Kim, P. Y. (2020). "I wish I had lighter skin": Talking to your kids about race and ethnicity. Invited talk for Equipping Parents Seminar at New Life Fellowship.

Kim, P. Y. (2019). Smartphone addiction. Invited talk for schoolteachers in Angeles City, Philippines.

Kim, P. Y. (2019). Racial microaggressions. Invited talk for First Fridays Colloquium Series at Seattle Pacific University.

Kim, P. Y. (2018). Living as missionary kids in South Korea. Invited talk for missionary kids residing in Paul Missions MK Guest House. Seoul, South Korea.

Kim, P. Y. (2018). Transitioning from high school as missionary kids. Invited talk for high school students enrolled in Faith Academy. Manila, Philippines.

Kim, P. Y. (2018). Participated in a panel of American professionals speaking to high school students enrolled in Faith Academy. Manila, Philippines.

Kim, P. Y. (2018). AAPI mental health/suicide awareness panel. Presented at an event hosted by Huskies for Suicide Prevention and Awareness at the University of Washington.

Kim, P. Y., & Moh, S. (2018). Racial microaggressions in faith-based contexts. Presented for the Creative Conversations series at Seattle Pacific University.

Kim, P. Y. (2017). How to communicate with your missionary parents. Invited talk for missionary kids attending a mission conference in Tijuana, Mexico.

Kim, P. Y. (2016). Multicultural counseling: Theory & practice. Invited lecture for Cheonan Family Counseling Center. Cheonan, South Korea.

Kim, P. Y. (2016). Thriving as missionary kids. Invited talk for missionary kids residing in Paul Missions MK

Guest House. Seoul, South Korea.

- Kim, P. Y. (2016). Professional help-seeking attitudes among Asian Americans: Intrapersonal, interpersonal, and sociocultural considerations. Research presentation for Psychology Department's Colloquium. Sogang University, Seoul, South Korea.
- Kim, P. Y. (2016). Presented on interdependence and implications for teaching Korean students to teachers at Fernwood Elementary School, Bothell, Washington.
- Kim, P. Y. (2016). Presented data on racial microaggressions and well-being to the Multiethnic Programs staff at Seattle Pacific University, Seattle, Washington.
- Kim, P. Y. (2015). Participated in a faculty panel to discuss adjustment to life in the United States as international students at Seattle Pacific University, Seattle, Washington.
- Kim, P. Y., & Cheon, H. (2015).** Mental health disparities: What are they, and what can we do about them? Conducted workshop for a John Perkins Center conference in Seattle, Washington.
- Kim, P. Y. (2013). Identity models among Korean missionary kids. Invited lecture at a missionary kids' conference in Buenos Aires, Argentina.
- Kim, P. Y. (2012). Ethnic identity development in Korean missionary kids. Conducted workshop in Seoul, South Korea.
- Kim, P. Y. (2011). White racial identity development. Presenter for the Office of Student Life staff at Seattle Pacific University, Seattle, Washington.
- Kim, P. Y. (2010). Missionary kids: Examining their place in global Christianity. Co-presenter in an afternoon seminar at the SPU Day of Common Learning, Seattle, Washington.
- Kim, P. Y., & Cho, S. S. (2008).** Dissecting the experiences of a missionary kid: two perspectives. Participated in a forum at the Global Missionary Foundation teacher training, Daejeon, South Korea.
- Kim, P. Y. (2007). Getting into colleges in the United States. Workshop presented at the MK Center, Phnom Penh, Cambodia.
- Kim, P. Y. (2007). Social influences on willingness to see a professional counselor among Asian American Students. Presentation to Korean community leaders at Hansa Research Institute, Skokie, IL.
- Kim, P. Y., & Surla, C. (2007).** Getting into colleges in the United States. Workshop presented at the Galilee United Methodist Church, Glenview, Illinois.
- Kim, P. Y. (2006). Attitudes toward mental illness among Korean American students. Workshop at Grace Church, Wheeling, Illinois.
- Kim P. Y., & Nguyen, V. (2005).** Emotion regulation among Korean American adolescents/Attitudes toward

mental illness among Korean American adolescents. Workshop at New Life Church, Palatine, Illinois.

OTHER COMMUNITY PRESENTATIONS/WORKSHOPS/CLASSES

- Co-facilitated a 5-week youth parents' program at New Life Fellowship (January to February 2022). Topics: Listening well, mental health, gender and sexuality, and family conversations.
- Presenter at the SPU in One Room series. Session titled "Microaggressions: What are they, and why are they harmful?" on 3/28/22.
- Participated as a panel member for a session titled "Accomplishing Scholarship Goals at a Teaching Institution" on 2/24/21 at Seattle Pacific University.
- Participated as a panel member for a session titled "#StopAAPIHate: Confronting Anti-Asian Racism" on 4/29/21 at Seattle Pacific University.
- Planned and facilitated a session titled "From the intrapersonal to the contextual: A social constructionist view on professional help-seeking attitudes and behaviors" at the 2017 SPU's Day of Common Learning. Co-presenter: Munyi Shea.
- Participated in a faculty panel on the experiences of the model minority myth (2017). Panelists: David Leong and June Hyun.
- Planned and facilitated a panel session titled "Seeing injustice if we are willing to look: The cost to Asian Americans as well as to our community when others are viewed as the model minority" at the 2015 SPU's Day of Common Learning. Panelists: Hee-Sun Cheon, Susan Okamoto Lane, Roger Lin, and Billy Vo.
- Taught a summer course titled "Psychology from a Christian perspective" for New Life University, a church program for New Life Fellowship/Community Church of Seattle.

MENTORED STUDENT PRESENTATIONS

(* indicates mentored undergraduate students)

- *Locke, M., *Shakil, E., *Lee, J. H., *Chiangpradit, N., & **Kim, P. Y.** (2022). Beliefs about Jesus' race and psychological correlates among Asian American college students. Paper presented at the 2022 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Bau, K. E., *Grigg, M. R., *Law, J. P., *Ryu, S. H., *Steele, J. M., & **Kim, P. Y.** (2020). Role of perfectionism, self-compassion, and cultural values on help-seeking attitudes of Asian American college students. Poster presented at the 2020 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Blesoch, J., *Moeng, M., & **Kim, P. Y.** (2019). Religiosity and ethnic identity among Pacific Islanders: A qualitative inquiry. Poster presented at the 2019 School of Psychology, Family, and Community Student Research Conference, Seattle, WA. [**Winner of SPFC Diversity Award**]
- *Law, J., *Lee, J. H., *Bau, E., & **Kim, P. Y.** (2019). Acceptability of racial microaggressions in Asian-American college students: Religious and cultural variables. Paper presented at the 2019 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.

- *Moh, S. P., **Kim, P. Y.**, *Geil, D., & *Ryu, S. (2018). International students in a faith-based institution: An intra/interpersonal spiritual framework. Paper presented at the 2018 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Geil, D., & **Kim, P. Y.** (2018). Biracial Asians' experience of racial invalidation and religious coping: A preliminary report. Poster presented at the 2018 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Moh, S. P., *Igama, C., & *Jones, G. D., & **Kim, P. Y.** (2017). Creating and validating a measure of racial microaggressions in faith-based contexts: some preliminary findings. Poster presented at the 2017 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Moh, S. P., *Taylor, C. C., & **Kim, P. Y.** (2016). Racial microaggressions in faith-based contexts: Creation and validation of a measure. Poster presented at the 2016 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Sallee, C., Carpenter, T. P., & **Kim, P. Y.** (2016). Open-minded religiosity: Investigating the link between religious commitment and cognitive style. Poster presented at the 2016 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Lats, T. V. (2015). Acculturative family distancing, religious support, and the psychological well-being of young adults in the local Eastern European immigrant community. Paper presented at the 2015 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Stutts, K., & **Kim, P. Y.** (2014). Predictors of body image among Asian American college students. Poster presented at the 2014 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Stutts, K., *Teel, C., & **Kim, P. Y.** (2013). Collectivism and loss of face as correlates of academic help-seeking attitudes among Asian American college students. Poster presented at the 2013 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.
- *Botz, K., *Park, Y. J., Lee, D. H., & **Kim, P. Y.** (2012). The mediating role of Asian cultural values between model minority myth internalization and attitudes toward seeking psychological help among Asian American college students. Poster presented at the 2012 School of Psychology, Family, and Community Student Research Conference, Seattle, WA.

MENTORED STUDENT HONORS PROJECTS & INDEPENDENT RESEARCH STUDIES

** indicates honors project; ** indicates independent research study.*

Savannah Carpenter* (2019-2020). Using mental imagery to increase intentions to seek psychological help.
(2nd reader)

Dalton Geil** (2017-2018). Biracial Asian's experience of racial invalidation and religious coping: a preliminary report.

Sarah-Ann Moh** (2017-2018). International students in a faith-based context: An intra/interpersonal spiritual framework.

Carl Sallee* (2016). Open-minded religiosity: Investigating the link between religious beliefs and cognitive style, with a case for dependent and moderated relationships. (2nd reader)

Tatyana Lats* (2015). Acculturative family distancing, religious support, and the psychological well-being of young adults in the local Eastern European immigrant community. (1st reader)

Sarah Peterson* (2014). Social integration for homeless populations with mental illness. (2nd reader)

Katie Stutts** (2014). Predictors of body image among Asian American college students.

Cassi Teel** (2014). Attitudes toward transracial adoption.

DISSERTATION COMMITTEES

Heather Kohlman Olsen, Industrial-Organizational Psychology, Seattle Pacific University (2019). Exploring the buffering effects of holding behaviors on the negative consequences of workplace discrimination for people of color.

Clotia Robinson, Industrial-Organizational Psychology, Seattle Pacific University (2016). Dissertation title: *Bamboozled and Then Banished: The Effect of Negative Emotions on Organizational Justice Outcomes and Ostracism.*

Rebekah Forman, Clinical Psychology, Seattle Pacific University (2012-2013). Dissertation title: *Development and Validation of the Sociocultural Adaptation Self-Efficacy Evaluation.*

Nicola Chism, Clinical Psychology, Seattle Pacific University (2012-2013). Dissertation title: *Modeling Effectiveness Outcomes Among Expatriate Professionals Working for Non-Governmental Organizations.*

COMMITTEE WORK/SERVICE

• **Faculty committees and task forces**

- Scholar of the Year Review Committee 2021
- Faculty Retreat Planning Committee 2021
- Faculty Council Representative for School of Psychology, Family, and Community 2018 – 2020
- Faculty Diversity Committee 2011-2014
- Global Initiative Task Force 2014-2016
- Faculty Council 2014

• **Search committees**

- University Chaplain 2017-2018
- Chair for Marriage and Family Therapy 2017
- Dean of School of Psychology, Family, and Community 2015-2016

• **Working groups**

- Provost-initiated team of faculty, staff, and students to brainstorm ideas for 2016

- faculty multicultural training
- Core team to develop strategies and corresponding action steps for objectives of the Seattle Pacific University Strategic Plan relating to global and intercultural competencies. 2014
- “Christian Perspectives on Mental Illness” at Calvin College (sponsored by Calvin Center for Christian Scholarship and Calvin Alumni Association) 2014-2015
- **Other service**
- Pre-Professional Health Sciences Program Interview Committee 2019-2020
- Cross-Campus Interview Team to interview faculty candidates across SPU departments. 2017
- Faculty Marshall for SPU undergraduate commencement ceremony 2017 - present

AD HOC REVIEWER

Peer-reviewed journals

- *American Journal of Orthopsychiatry*
- *Asian American Journal of Psychology*
- *Counseling Psychology Quarterly*
- *Ethnicity & Health*
- *International Journal of Psychology*
- *Journal of Counseling Psychology*
- *Journal of Ethnicity in Substance Abuse*
- *Mental Health, Religion, & Culture*
- *Multicultural Perspectives*

Conference presentations

- 2016 Western Psychological Association research presentation proposals
- 2015 APA Convention Division 45 research presentation proposals

CLINICAL EXPERIENCE

- **Predoctoral Intern** 2009-2010
University of California Riverside Counseling Center
- **Practicum Therapist** 2007-2008
Madison Center, South Bend, Indiana
- **Practicum Therapist** 2007
Marital Therapy and Research Clinic, South Bend, Indiana
- **Practicum Therapist** 2006-2007
Outpatient Services, Oaklawn Psychiatric Center, Goshen, Indiana
- **Practicum Therapist** 2005-2006
University Counseling Center, Notre Dame, Indiana

PROFESSIONAL MEMBERSHIPS

- American Psychological Association (Divisions: Society for the Teaching of Psychology, Society of Counseling Psychology, Society for the Psychological Study of Ethnic Minority Issues, International Psychology)
- Asian American Psychological Association
- American Counseling Association (Division: Multicultural Counseling & Development)

- Western Psychological Association

OTHER EDUCATIONAL EXPERIENCE

- Exchange Program, Fall 2002
Beijing Institute of Technology
Beijing, China
- High School Diploma, May 2000
Faith Academy
Manila, Philippines

SECOND LANGUAGE SKILLS

- Proficient in Korean